

MAYA SPA  
KHAO YAI



## *A magical sanctuary of well-being designed to rebalance Body, Mind & Spirit*

For hundreds of years, Thais have understood the sacred philosophy of renewal for body and soul. This holistic approach to healing is embodied in their ancient massage tradition. At MAYA Spa, we incorporate that therapeutic ritual with essential oils, herbs, spices and aroma to invigorate all the senses in this journey to well-being. Our professionally trained therapists and custom designed spa facility harmonize these principles for total relaxation.

The MAYA Spa experience is tailored to each individual guest. Our treatment menu is only offered as a guideline. To personalize your MAYA Spa treatment, please alert your therapist to any medical history or requirements. Feel free to communicate your preferences throughout the healing journey.

Only the purest oils have been collected by our experienced therapists. MAYA Spa invites guests to personalize an oil blend from among a selection designed to improve digestion, appeal to the heart, calm emotions or caress the skin. Detoxification scrubs cleanse with scents to evoke the East.

Before every treatment, guests will be pampered with a traditional foot-cleansing ritual, using an essential oil soak and offered a special blend of tea to a background of soothing music and relaxing incense.



If you wish to extend or otherwise personalize any of these therapies, MAYA Spa will do our best to accommodate your request. Following your treatment, it is recommended that you allow the oils to absorb into your system so as to experience maximum benefit. Treatments may be enjoyed in the MAYA Spa or in the privacy of your suite from which the therapist will quietly depart, leaving you in an uninterrupted state of multi-sensory relaxation.

### MAYA Spa Reservations

Please dial 1700 and 1701 on your phone to make an appointment or visit MAYA Spa reception in the Club House.

### Spa Attire

Wear whatever feels comfortable. MAYA Spa will provide you with the entire spa related outfit and locker for your personal belongings. We do not advise that you bring valuables to MAYA Spa. You are welcome to wear make up, but it will be removed before certain treatments, such as facials. Most body treatments are best enjoyed without clothing. To protect your privacy at all times, our professional therapists are trained to drape towels discreetly over area of your body.

### Arrival Time

For your very first appointment at MAYA Spa, we recommend that you should be at the MAYA Spa prior your scheduled time minimum of 15 minutes. This allows you to check in, change and familiarize yourself with the facility. We suggest you to shower, and then begin to relax with the spa treatment of your choice.

### Choosing Your Treatments

Our spa manager or receptionists will assist you to plan the perfect MAYA Spa experience. They will help you decide on specific treatments after discussing individual requirements.

### Health Considerations

Be sure to notify spa manager when booking your appointments. In particular, if you have high or low blood pressure, suffer from allergies, or are pregnant. If you have any concerns at all, please let us know. Consumption of alcohol before, during, or directly after spa treatments is not recommended.

### Personal Comfort

This is your time and you should enjoy the experience to the fullest. Please inform the therapist of any preferences whether it is the massage pressure, your favorite oils, the room temperature or music volume.

### Men's Facials

It is very healthy for men to have a facial. However, it is recommended that men shave a few hours before their facial treatment.

### Arriving Late for Appointments

Arriving late will simply limit your treatment, thus lessening its effectiveness and your pleasure. Your treatment will end on the scheduled time so that the next guest is not delayed. Should you be late, the time will be made available for the other guests after 15 minutes past the scheduled reservation time.



### Cancellation Charges

Should you need to cancel a treatment reservation, we ask you to give us at least 4 hours notice before the scheduled treatment time to avoid the cancellation fee. If MAYA Spa is not notified within 4 hours, the cancellation charge is 50 % of the treatment price. The full fee will be charged for a no-show. However, if another guest subsequently takes the booked period, then no cancellation fee will be charged.

### Settling your Bill

All charges must be signed for at spa reception before you leave. Payments will be charged directly to your room. If you wish to pay directly by credit card or cash, you may do so at spa reception.

### Facilities

Located in the Club House, MAYA Spa offers 8 private indoor treatment parlors. At your preference, Thai massage will be provided in the spa or in your room. The MAYA Spa Gallery and a fully equipped fitness center are located here as well.

### Fitness Center

The Fitness Center is open from 07:00 - 19:00 hrs.

If you plan to use the fitness facility, please wear appropriate attire. Proper athletic shoes are required.

### Operational Hours

#### March - October

Friday - Saturday: 10:00 - 22:00 hrs. (last booking at 20:00 hrs.)  
Sunday - Thursday: 10:00 - 20:00 hrs. (last booking at 19:00 hrs.)

#### November - February

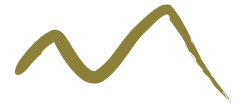
Every Day: 10:00 - 22:00 hrs. (last booking at 20:00 hrs.)

All prices are in Thai Baht and subject to 10% service charge and 7% applicable government tax.

Prices are subject to change without prior notice.

### General information and Spa Etiquette

- MAYA Spa environment is one of peacefulness and relaxation. Please respect other guests by speaking in a soft voice or simply enjoying the silence.
- We request all cellular phones be turned off.
- MAYA Spa is a non-smoking area.
- For safety reasons, children under 15 are not permitted in the fitness center.
- When exercising or using the steam rooms, please remember to drink plenty of water and do not wait to feel thirsty before drinking.
- Please advise our staff immediately of any accidents or potential hazards you may notice.
- Please advise staff of any pre-existing medical conditions prior to the commencement of any treatment, exercise regime or use of other spa facilities.
- MAYA Spa cannot accept liability for damage or injury through use of any spa facilities or any loss of property and belonging.



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## Signature Treatments

### Kirimaya Treatment

Aromatic Steam • Wine & Grape Juice Bath  
• Kirimaya Body Scrub • Kirimaya Gel Wrap  
or Kirimaya Mud Mask • Kirimaya Massage

4 hours

THB 6,500++

Our signature spa treatment brings together nutrient from red wine and grape giving you a unique experience to complete your perfect vacation. Polyphenols and Vitamin E in red wine (antioxidant) help reduce the appearance of lines and wrinkles, rejuvenating and anti-aging leave you with smooth and healthy skin. Tannin, Vitamin C and fruit acids in red wine help exfoliate and rejuvenate the skin and increase its natural vibrancy that gives your skin a youthful appearance.

### Detox Treatment

Aromatic Steam • Herbal Bath • White Tea  
Body Scrub • White Tea Mud Mask •  
Detox Massage

4 hours

THB 6,500++

Triphala (Thai traditional medicine for detoxification) combines with white tea and grape seed (antioxidant) is used to treat and protect your body against damaging environmental elements, such as the sun and pollution. Experience the therapeutic power of grape seed milky oil in a relaxing massage designed to naturally increase circulation, while nourishing the skin. Herbal steam shower uses to 'purge' skin pores of toxins, improve sinuses, and relax the user. Enjoy soaking your body in Mix Thai Herb Bath Salt. Follow by luxurious body polish, White Tea Body Scrub cream is used to gently exfoliate, cleanse and stimulate the skin for an all-over body glow. Your body will be masked with White Tea Body Mud Mask in order to complete your full body detoxification.

### Sport Treatment

Guava Gel Wrap • Sport Massage

2 hours 30 minutes

THB 3,200++

This highly soothing and cooling treatment contains a potent compound of aloe vera and centella asiatica (healing), to decrease skin temperature and to soothe the skin from the discomfort resulting from sunburned, sensitive or stressed skin and relax the user. Sport massage with fresh ginger; stimulates blood circulation antioxidant. The essential oils aid the body in eliminating toxins and stubborn fatty deposits. Replenishing depleted moisture and improving elasticity, leaving skin soft, smooth and promotes a youthful radiance.

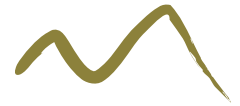
### Khao Yai Therapy

Grape Therapy Body Scrub • Wine Wrap •  
Wine & Grape Juice Bath • MAYA Massage •  
Grape Facial

4 hours

THB 7,300++

Indulge in 4 hours of head to toe body bliss with our new signature line of Khao Yai Therapy spa services. Start with Grape Therapy Body Scrub to lightly exfoliate the skin and enhance circulation and skin elasticity with the antioxidants. Then, follow by Wine Wrap before enjoying sublime experience in Wine & Grape Juice Bath to soothe and tone your skin and boost immune system. Complement with MAYA Massage to create harmony of body, mind and spirit. At the end, Grape Facial will rejuvenate and reduce the visible signs of aging with instant results of grape products.



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## Jet Lag Reliever

Foot Bath Soak & Scrub • Aromatherapy Massage • Relaxing Face & Scalp and Foot Massage

2 hours  
THB 3,200++

Traveling for long flights through time zone closer to the hotter sun causes you lots of imbalance conditions such as dehydration, physical and mental fatigue and weakened immune system. MAYA Spa exquisitely designs particular solutions to help regulate and balance your body & mind. Enable you to recover faster from jet lag and even more immunity reserved for next coming flights.

Enjoy soaking your feet in Guava Bath Soak & Guava Salt Scrub and enhance with the relaxing massage using aroma therapeutic oil blend to help soothe jet lag symptoms and disperse the stagnant energy after a long trip. The package is completed with Relaxing Face & Scalp and Foot Massage. According to the Chinese concept of the yin-yang and 5 element theories, manipulating face and feet is not only relaxing them alone but also reflecting to reflex zones corresponding to particular internal organs and glands so as to regulate their functions. As a result, you will realize what we believe that beauty is health made visible.

## Ultimate Romance

For Couples

Aromatic Steam Bath • Romantic Rose Scrub • Aromatic Floral Bath • Aromatherapy Massage • Hydramemory Complete

4 hours  
THB 10,900++

Start with Steam Bath to warm up your bodies. Next, fresh Romantic Rose Scrub will gently remove polluted dead cells and put your skin in pink before enjoying intimate moments of synchronous immersing in Aromatic Floral Bath and complement with the gentle touch of Aromatherapy Massage. The treatment finishes with Hydramemory Complete, a deep hydrating, antioxidant treatment for face, neck and décolleté. Leaves the skin hydrated and silky. Restores compactness, nourishment and luminosity.

## 2 Full Days Revival Package

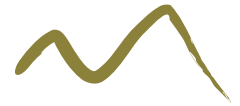
6 hours 30 minutes  
THB 7,900++

### Day 1

Aromatic Steam	30 minutes
Tamarind Elixir Scrub	60 minutes
Body Wrap	60 minutes
Aromatherapy Massage or MAYA Massage	90 minutes

### Day 2

Ancient Thai Massage	60 minutes
Relaxing Foot Massage	30 minutes
Thai Herbal Facial or Grape Facial	60 minutes



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## Facial Treatments

MAYA Spa facial treatments pamper as well as enhance the beauty, texture and appearance of the skin. The finest products have been carefully selected to suit all skin types.

### Active Pureness Complete

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1 hour  
THB 3,500++

A deep cleansing treatment that gives an immediate luminous, smooth and even appearance. Characterized by an innovative mattifying peel-off spirulina algae mask. Intense and delicate at the same time, it purifies and balances the skin, leaving it fresh and toned.

### Hydrmemory Complete

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1 hour  
THB 3,500++

A deep hydrating, antioxidant treatment for face, neck and décolleté. Leaves the skin hydrated and silky. Restores compactness, nourishment and luminosity. Contrasts dehydration and premature aging. Offers a unique and very pleasurable experience thanks to the specific application of the mask with the brushes and the exclusive Comfort Touch Face Massage.

### Sublime Skin Double Peel

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1 hour  
THB 3,500++

A treatment which resurfaces, stimulates cellular renewal and illuminates the face, neck and décolleté. The efficacy and specific actions obtained are thanks to the double peeling combined with Vitamin C.

### Thai Herbal Facial

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1 hour  
THB 1,600++

Seek the secret to Thai beauty. A full facial treatment incorporating the purest Thai herbs & honey will invigorate and revitalize. This is an ancient recipe for timeless beauty.

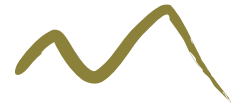
### Grape Facial

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1 hour  
THB 1,600++

A facial using the anti-oxidant benefit of grapes and natural products to deeply penetrate the skin to effectively heal damaged skin and help restore elasticity and elastin, leaving youthfully toned skin.





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## Body Treatments

Relax in aromatic steam room or aromatic compress and nourish the body with these scrub downs and wrap ups.

### Body Scrubs

#### Kirimaya Scrub

1 hour  
THB 1,800++

1 hour  
30 minutes  
THB 2,200++

Let the key nutrients lightly exfoliate the skin and restore skin elasticity with the polyphenols to combat premature aging and protect collagen and elastin fibers. Leave your skin supple and glowing.

#### Corn Scrub

1 hour  
THB 1,800++

1 hour  
30 minutes  
THB 2,200++

The fatty acid rich corn extracted is a highly effective moisturizer that hydrates, nourishes, protects the skin, leaving it soft, smooth, and healthy.

#### White Tea Scrub

1 hour  
THB 1,800++

1 hour  
30 minutes  
THB 2,200++

A snack for your skin! Nature's own recipe of White Tea Scrub cream acting as a powerful anti-oxidant to protect cells against free radicals. Luxurious polish your skin evenly and healthily.

#### Guava Salt Glow

1 hour  
THB 1,800++

1 hour  
30 minutes  
THB 2,200++

This aromatic mineral exfoliation will deeply cleanse your skin. Guava leaf extract helps to eliminate bacteria and fungi that cause skin diseases, salt also stimulates the blood circulation. Accelerate the creation of new skin cells and helps soften the skin.

#### Coffee Detox

1 hour  
THB 1,800++

1 hour  
30 minutes  
THB 2,200++

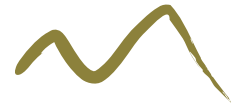
This invigorating scrub aims to detoxify your skin and reduce appearance of cellulite and fat tissues as well as stimulate circulation. Leaving you renewed and rejuvenated.

#### Tamarind Elixir

1 hour  
THB 1,800++

1 hour  
30 minutes  
THB 2,200++

Inspired by the Thai ancient generation, tamarind fruits having natural whitening property and anti-oxidant agent are blended with our own recipe of honey, oatmeal, milk, yogurt and rice grains to evenly exfoliate dead skin cells, regenerate new cells and reveal a smooth and radiant skin.



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## Body Wraps

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### Kirimaya Gel Wrap

1 hour  
THB 2,000++

1 hour  
30 minutes  
THB 2,600++

This beneficial treatment rejuvenates the skin, stimulates circulation and enhances the immune system with anti-oxidant agents to combat free radicals and negative effects of aging and sun. The treatment is extolled by our experienced therapists to rediscover your health, beauty and youth.

### Kirimaya Mud Mask

1 hour  
THB 2,000++

1 hour  
30 minutes  
THB 2,600++

This beneficial treatment rejuvenates the skin, stimulate circulation and enhance the immune system agents to combat free radicals. The treatment is detoxifying your skin and reduces appearance.

### Guava Gel Wrap

1 hour  
THB 2,000++

1 hour  
30 minutes  
THB 2,600++

Too much time poolside or on our professionally designed golf courses turned you pink? Banish the burn with this soothing salve of aloe vera and guava extract which has natural moisturizer to assist in the prevention of skin blemishes and signs of aging as well as re-hydrate the skin, leaving your skin feeling soft and silky.

### White Tea Mud Mask

1 hour  
THB 2,000++

1 hour  
30 minutes  
THB 2,600++

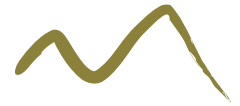
This beneficial treatment rejuvenates the skin, stimulate circulation and enhance the immune system agents to combat free radicals. The treatment is detoxifying your skin and reduces appearance.

### Pure Honey & Herbal

1 hour  
THB 2,000++

1 hour  
30 minutes  
THB 2,600++

Forest honey is specially blended with exotic herbs in this local recipe passed down for generations. Allow yourself to be enveloped in healing ingredients both timeless & Thai.



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## Massages

Massage has multi-sensory benefits. Relief from stress, prevention from injury, improves blood circulation and alertness of the mind. Relax, it's good for you!

### Kirimaya Massage

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1 hour 30 minutes  
THB 2,900++

This treatment helps the body to attain a healthy constitution as well as flexibility, nimbleness and suppleness. Moreover, massage enables proper blood circulation and removal of excess fat. It helps in the easy maneuverability of the body for turning and twisting.

### Detox Massage

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1 hour 30 minutes  
THB 2,900++

The touch of design stimulates the lymphatic system. It aids in detoxification; purging and cleansing the body impurities. Come to scalp massage indeed conditioning oil is a holistic preparation the enlivens a scalp open up the pores, get toxins out of the body and results in tone skin with velvety softness.

### Sport Massage

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1 hour 30 minutes  
THB 2,500++

Sport massage with fresh ginger, stimulate blood circulation antioxidant. The essential oils are aid the body in eliminating toxins and stubborn fatty deposits. Replenish depleted moisture and improve elasticity, leaving skin soft, smooth and promotes a youthful radiance.

### MAYA Massage

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1 hour 30 minutes  
THB 2,500++

MAYA Spa's essential oils are expertly blended from four different elements to detoxify and heal with our signature massage that harmonizes Thai pressure with aromatic kneading is simply an ultimate of relaxation.

### Aromatherapy Massage

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1 hour  
THB 1,800++

1 hour  
30 minutes  
THB 2,500++

Inhale the aromas while the oils' healing powers are kneaded into tired skin and invigorating all the senses.

### Swedish Massage

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1 hour  
THB 1,800++

1 hour  
30 minutes  
THB 2,500++

This therapeutic massage facilitates blood vessels and lymphatic circulation by inhibiting fluid retention and activating lymph drainage, calms the nervous system and reduces any discomfort of the joints, muscles and tendons. Maximum benefit is attained by more than 1 session.

### Golfer's Massage

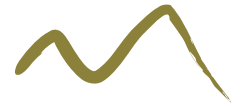
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1 hour  
THB 1,800++

1 hour  
30 minutes  
THB 2,500++

This deep tissue massage is designed to relieve soreness and joint pain after a long game in the Khao Yai sun. Feel like you scored a hole in one without moving a muscle!





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## Ancient Thai Massage

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1 hour	1 hour 30 minutes
<b>THB 1,400++</b>	<b>THB 1,900++</b>

An ancient form of unique massage in Thailand, it uses deep tissue, pressure point and stretching techniques to reduce stress and relieve muscle soreness. Recommend for those whom prefer a firm massage and wish to experience one of the wonders of ancient Siam.

## Hand & Foot Massage

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45 minutes	1 hour
<b>THB 1,200++</b>	<b>THB 1,500++</b>

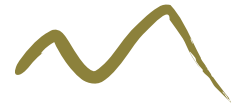
Pamper achy hands & feet in a soothing bath of essential oils, followed by a focused, intense massage to stimulate the reflex points that affect internal organs, glands and your specific areas of discomfort. An ancient Asian tradition, updated at MAYA Spa.

## Neck & Shoulder Massage

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45 minutes	1 hour
<b>THB 1,200++</b>	<b>THB 1,500++</b>

Spending a long time behind the wheel, on the plane or at your desk? Release painful tensions on your neck and shoulders with an invigorating massage to relieve sore muscles and tight knots.



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## Wellness Rituals

When combined, MAYA Spa treatments produce the most benefit and optimize your spa experience.

### Foot Treatment

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1 hour  
THB 1,900++

Enjoy soaking your feet in Guava Bath Soak, Guava Salt Scrub. Follow by tension-relieving foot massage with Guava Foot Massage Gel.

### Feel the MAYA

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Guava Salt Glow • MAYA Massage

2 hours  
THB 3,400++

The touch of design stimulates the lymphatic system. It aids in detoxification; purging and cleansing the body impurities. Come to scalp massage indeed conditioning oil is a holistic preparation the enlivens a scalp open up the pores, get toxins out of the body and results in tone skin with velvety softness.

### Heavenly Body & Mind

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Aromatherapy Massage • Grape Facial

2 hours  
THB 3,400++

Treat yourself to an hour or more of blissfulness with this gentle Aromatherapy Massage for total relaxation body and rejuvenate the spirit, plus Grape Facial. The real sensible choice!

### The 19<sup>th</sup> Green:

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Aromatic Floral Bath • Golfer's Massage • Thai Herbal Facial

2 hours 30 minutes  
THB 3,800++

A Golfer's Indulgence; Reward your tired body after a long game regardless of your score. Start with an Aromatic Floral Bath, followed by Golfer's Massage. Finish off this winning round with a Thai Herbal Facial.

### Corn Treatment

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Aromatic Steam • Corn Milky Bath • Corn Body Scrub • Aromatherapy Massage

3 hours  
THB 4,400++

The fatty acid rich corn extracted is a highly effective moisturizer that hydrates, nourishes, protects the skin, leaving it soft, smooth, and healthy. Experience the therapeutic powers of corn milky oil in a relaxing massage designed to naturally increase circulation, while nourishing the skin. Herbal steam shower uses to 'purge' skin pores of toxins, improve sinuses, and relax the user. Enjoy soaking your body in Corn Milky Bath. Follow by luxurious body polish using Corn Body Scrub cream to gently exfoliate, cleanse and stimulate the skin for an all-over body glow. Finish up with Corn Massage oil to leave the skin smooth and satiny feeling.

### In Love with MAYA

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Aromatic Steam or Floral Bath • Pure Honey & Herbal Wrap • MAYA Massage

3 hours  
THB 4,400++

Share the MAYA Spa experience with your loved one. Warm each other up with an Aromatic Steam or Aromatic Floral Bath then continue with your choice of Pure Honey & Herbal Wrap and sensual to bring internal balance and healing with MAYA Massage. Together more than doubles the pleasure.

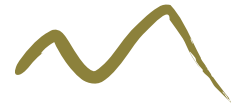
### Sense of Relaxation

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Aromatic Steam • Corn Body Scrub • Aromatherapy Massage • Thai Herbal Facial

3 hours 30 minutes  
THB 5,000++

The spice of life! Begin with an Aromatic Steam Bath followed by Corn Body Scrub cream, 60 minutes Aromatherapy Massage and Thai Herbal Facial.



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## Bath Therapy

### Aromatic Floral Bath

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30 minutes  
THB 1,200++

Indulge in aromatic warm relaxing bath infused with pure essential oils and rose petals so as to nourish your skin and promote a deep sense of well-being. Herbal tea served.

### Blue Sea Crystal Bath

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30 minutes  
THB 1,200++

Immerse yourself in the contouring body sea extracts mixed with Laminaria and Fucus Seaweed rich in trace minerals to rebalance your body and refresh your mind with sea breeze scent. Herbal tea served.

### Herbal Milk Bath

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30 minutes  
THB 1,200++

Nourish your senses in the luscious milk bath rich in natural nutrients filled with a fresh indigenous herb, dramatically resulting a re-hydrated skin and state of total relaxation. Take deep, slow breaths. Do nothing but enjoy!

### Mix Thai Herbal Bath

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30 minutes  
THB 1,200++

Nourish your senses in the fresh & dry indigenous herb, Stimulate blood circulation dramatically resulting state of total relaxation, detoxify, nourish the skin, refreshing and release painful tension.

### Corn Milky Bath

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30 minutes  
THB 1,200++

Enjoy soaking your body in Corn Milky Bath, leaving the skin smooth from highly effective moisturizer.

### Wine & Grape Juice Bath

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30 minutes  
THB 1,400++

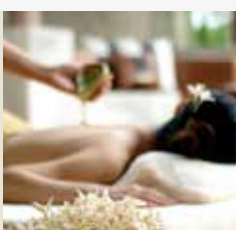
Experience this vitamin-rich bath fused with essential oils, red wine and wine yeast to soothe the body, calm the mind and boost up the immune system. This superbly wonderful bath is the absolute answer to heal the sunburned and damaged skin.

### Aromatic Steam Bath

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30 minutes  
THB 500++

Being in aromatic vapour to soothe skin tissue, improve circulation and respiratory system with healing essences to draw toxins out through the skin. Recommend to drink a lot of clean water after having steam bath to flush out toxins.



## In-Room Massages

Ancient Thai Massage can be provided in the privacy of your room and 10% surcharge of treatment cost applied. However, all modes of spa massages can be provided in Tented Villas.